



SPRINGBANK PARK PATTERN

OFFICIAL NEWSLETTER OF THE SPRINGBANK PARK FOR ALL SEASONS



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COMING CLOSER TOGETHER ONCE AGAIN AT SPFAS

Normal routines for everyone, including those of us at SPFAS, came to a very abrupt halt in mid-March when SPFAS facilities were fully closed to the general public. Beginning in mid-June with the reopening of outdoor facilities, including the Soccer Park and the Baseball Diamonds, SPFAS has been working together with many different partners to safely provide opportunities for youths, as well as their coaches and parents, to once again access the Park's facilities. The SPFAS facilities re-opening continued in July with the Red Dutton and Joe Phillips indoor arenas being made available to a wide array of ice user partners.

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RVC SHOWS STRONG SUPPORT FOR SPFAS

Additional Funding for Capital Reinvestment Projects

Summertime tends to be a "slow news" season at the Springbank Park For All Seasons, with many people away, spending time at cabins, or visiting friends and family. This year, spring too may have appeared slower than usual, with Covid forcing us to close our facilities to the public, from mid-March into July.

Even as our fields and rinks were closed though, the Park Board and Staff were busy working hard to ensure that we made the most out of an unforeseen, unfortunate situation. Much deepcleaning and refreshing was done within our facilities. On a larger scale, with the encouragement of our Division 2 Councillor and effective collaboration with our administrative colleagues in Recreation at Rocky View County (RVC), the decision was made to try to get important capital life cycle replacement maintenance work done while the facilities were idle, allowing us to avoid a scheduled shut-down next summer.

Of course getting that work done earlier than previously scheduled required funding that was not contemplated in SPFAS's current capital budget. That is where we needed our Councillor and our colleagues at RVC to hear us. And they did.

Those of you familiar with the business side of SPFAS will know that years ago, SPFAS was designated a regional recreation centre, and annual capital and operating grant allocations were made accordingly. Over the last 8 years though, as our facilities aged

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Planning for the “new normal” is indeed a complex process for our entire community, with our work, schools and recreation facilities, as well as with our families and social lives. SPFAS continues to adjust on an ongoing basis to manage many “moving parts and pieces” as we do our best to implement and adhere to COVID-19 virus spread prevention measures. SPFAS has put many new safe social distancing protocols and cleaning procedures in place.

While it is difficult to accept that for the first time in more than 40 years Springbank will not be hosting the annual Fall Fair in 2020, the SPFAS Board of Directors made the right decision to cancel this event, based on SPFAS always giving first priority to striving to keep everyone safe.

As we move into September, SPFAS is looking forward to safely supporting many ice users (including our hockey, figure skating and curling user groups). We all must be united in our collective efforts to comply with new COVID-19 virus prevention related mandates, protocols and procedures so everyone at SPFAS can safely have fun, play, learn, socialize and work in a “new normal” world. Together we need to be consistently and constantly focused on implementing safety measures, including of course those mandated to prevent the spread of the COVID-19 virus. Our collective efforts include us being mindful and respectful of each other. We also need to be patient and understanding as we come together at SPFAS. A common community spirit of mutual cooperation has never been more important

for ensuring SPFAS can safely and sustainably operate facilities in conjunction with ensuring that facility users can safely lead individuals as they participate in the many programs and activities we all enjoy at the Park.

As we all do our part to fight against the COVID-19 pandemic, we must continue our collective efforts to protect everyone in our community. As the process of reopening SPFAS facilities moves forward in September, let's be sure to support each other as we all strive to keep everyone safe. We will all be making adjustments to the “new normal” at SPFAS. Be safe, be smart, be responsible and be patient. Think of others, provide encouragement, remain positive and stay strong! We here at SPFAS will do the same. We are looking forward to seeing you all as SPFAS continues to be your “home away from home” while serving as the “heart of the Springbank Community”.

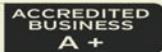


Contributed by John Rop – SPFAS General Manager



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and the community grew, the level of funding SPFAS received remained static, and it became increasingly apparent that that funding allocation, on the capital side in particular, was lagging behind the facilities' actual needs. Each year, the Park would meet with the County and press for increased funding, but these efforts were always unsuccessful. Last year, as the gap between actual need and the capital grant amount continued to widen, the Board wrote a lengthy submission in support of increased funding and submitted it to RVC. I think it fair to say that we sensed a bit of a sea change, which gave us more cause for optimism than we had felt in many years; whereas the Park had always been recognized by RVC as a community hub in Rocky View West, we now sensed a willingness on the part of the County to support our role and our longevity through increased financial support.

As a result, by the end of last year, we were able to engage in very productive discussions with our colleagues in Recreation, with strong support from our Division 2 representative, Councillor McKylor. (SPFAS Bylaws mandate that a RVC Councillor shall sit on our Board, and since her election, Councillor Kim McKylor has occupied that seat at the table.) In July, Councillor McKylor brought a long-awaited motion to Council to secure \$1.069 million of provincial Municipal Sustainability Initiative funds that had been set aside years ago for the Springbank community, but never mobilized, despite the Park's attempts to secure those funds and put them to work. Councillor McKylor's motion was passed unanimously and the funds are now committed to funding 3 years' worth of much needed capital reinvestment and lifecycle replacement projects at the Park.

With that forward-looking funding in place, the Park next sought a one-time grant of additional "catch-up funding", to address the widening gap between capital needs and capital grants.

While a second annual "ask" was outside policy, after some discussion at the Council level, Councillor McKylor brought a motion to apply for \$300,000 of further MSI funding. This motion was also passed unanimously by Council. Those funds will be used to renovate the area that encompasses the front entry, including the wheelchair ramp, the area in between the concession and the curling rink, as well as the washrooms.

I have been involved with the SPFAS Board for many years, and can say without hesitation that SPFAS enjoys a more productive relationship with RVC now than we have in years. For a long time, those of us pressing for increased financial support seemed unable to make any progress. Now, when we speak, we are heard, both by our Recreation colleagues at the County as well as by our Division 2 Councillor who over the last year in particular has brought several motions to Council that

demonstrate an obvious commitment to recreation in Rocky View West.

More than ever before, SPFAS is in a position to ensure that our facilities, upon which so many Rocky View residents rely, last well into the future and continue to operate at the highest standards of safety while maintaining a welcoming atmosphere for all who visit.

Finally, many of you may have heard that a new Recreation Master Plan is nearing completion. I am confident that the County is working hard to get this long-awaited document done. SPFAS fully intends to continue to be the hub of recreation in the area for a long time to come, and very much looks forward to being involved in the decisions that will lead to the development of along-term plan for recreation in RVC.

Things since March have been challenging in many ways, for all of us. It is important to celebrate the good news stories. The mobilization of MSI dollars set aside so many years ago, to fund important capital work at SPFAS' facilities is a most welcome event, and I am very appreciative of the efforts of all those who took action and helped get us here.

 Contributed by Lisa Skelton – President, SPFAS Board of Directors

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TEAM ALYSHA: PRINCESS WARRIORS WILL WALK THE 100 KM KIDNEY MARCH

Kidney March is going ahead in an exciting new format for 2020, keeping in theme with their annual motto “Failure is Not an Option.” This will be the 11th year for the three-day, 100 km event held in the Calgary area, which typically passed through the Springbank community every September.

Springbank resident Robin Somji had heard of Kidney March before, but something piqued her interest this year and she didn't know why. “In March I remember hearing the ad on the radio, and I said to myself I should do that. And then I thought, why would I do that? I heard the ad several times, including into the COVID shutdown when I wondered why they keep advertising this when no one can take part?” Little did she know that two months later the unthinkable would happen. Robin's young daughter Alysha was not feeling well, the family learned her kidney function was only 4% and failing fast. Alysha at only five years old was swiftly put on dialysis, and the family was thrust into life with kidney disease. “Funny how the universe was hinting at me and preparing me,” remarks Robin. “We spent a month in the hospital and now do dialysis at home for 16 hours every day and will do so until she is ready for a transplant. I am hoping I can be her donor.”

A person can lose up to 80% kidney function without any symptoms, it can affect any age group, and there is no cure. 78% of Canadians waiting for an organ transplant are waiting for a kidney.

In this year's Kidney March participants will complete their march in their own communities. The Somji family will be walking in Springbank starting August 10th. Their team, along with the other participants, will connect virtually for the final three days of Kidney March, September 11 – 13, to walk 10 kilometres per day and complete their 100-kilometre goal. Cheer for their family if you see them walking around Springbank in this bold journey for Alysha.

“It is more than a walk. Kidney March means so much to so many, it's a community of support.” Laura Fleming, Manager of Kidney March, The Kidney Foundation of Canada (Southern Alberta Branch).

Every year Kidney March makes a huge impact. The money raised supports kidney disease prevention, lifesaving research, patient support programs, health education, and organ donation initiatives through The Kidney Foundation of Canada. “People are counting on us. The funds raised will improve lives, there's no question about that.” Joyce Van Deurzen, Executive Director, The Kidney Foundation of Canada (Southern Alberta Branch).

The Somji's goal is not only to raise awareness about kidney disease but to also raise funds towards research to improve the future of kidney health and transplant outcomes.

Alysha will likely need more than one transplant in her lifetime, but by supporting research the family is hopeful Alysha will only need just one from her mom.

Learn more and be inspired to register or donate at KidneyMarch.ca or via Facebook, Twitter and Instagram: [@KidneyMarch](https://www.instagram.com/KidneyMarch).

Contributed by Michelle Hofer, Community Development Coordinator, The Kidney Foundation of Canada, Southern Alberta - 6007 1A Street SW, Calgary, AB T2H 0G5

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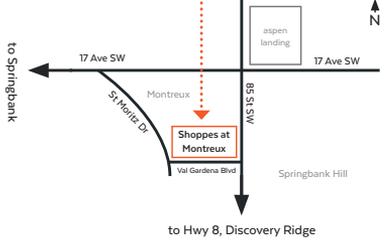
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Alberta Needs Bold Vision Like Never Before

Alberta needs bold vision like never before. That is why our Government recently launched our Alberta Economic Recovery Plan.

Now that the worst of COVID 19 is seemingly behind us, it is critical that we take a confident and optimistic step forward into our future as a province. We have been through a lot lately, not just in the last 5 months but over the last five years. Our province was led at the whims of anti resource development governments who legislated poor business policies and stood in the way of our prosperity. We sustained international coordinated attacks on our primary industry, and then, just as recovery seemed to be on the horizon we were hit with the collapse of the entire global economy as a result of an unforeseen health pandemic. Alberta needs bold leadership now more than ever.

The plan we unveiled is just that: a bold and aggressive strategy to get Albertans back to work, to stimulate our economy, diversify into new and emerging sectors and capitalize on our province's best natural resource - our people.

This Economic Recovery plan accelerated the reduction in Alberta's business tax rate and immediately lowered it to the lowest in all of Canada and 44 US States. This broad, sweeping tax reduction that transcends industry lines will ensure we are the single most competitive jurisdiction for private sector investment in most of North America, incentivizing businesses from every sector to move their headquarters to Alberta and hire Albertans. For businesses not yet profitable enough to benefit from this business tax reduction, our Economic Recovery Plan introduces a complement Innovation Employment Grant which will target small and pre-income companies to help them invest in Alberta-based R&D and grow their businesses right here in Alberta. In addition, our Economic Recovery Plan establishes Invest Alberta, a new investment promotion agency that will focus a dedicated effort on promoting Alberta as a business destination with low taxes, clear regulations, a young and talented workforce, and a high quality of living to companies currently located in other international markets and operating in high growth sectors such as tech, finance, aviation and aerospace logistics, agriculture and forestry.

Our Economic Recovery Plan also includes the largest ever infrastructure investment in Alberta's history. More than \$10 billion is being spent on projects in every corner of the province, creating 50,000 jobs. This investment will immediately advance the construction of critical, economy-growing road and bridge improvements, water and wastewater projects, and municipal upgrades.

According to the Munk School of Global Affairs and Public Policy who has been tracking post-COVID 19 progress of various jurisdictions all across North America, Alberta has already reopened more of our economy and society than every other province and territory in Canada, and most of the United States. Our government acknowledges that the best support we can give families and small businesses at this time is the endorsement to resume work and restart operations, and our Alberta Economic Recovery Plan is in line with that philosophy.

Reigniting our economy is more important now than ever. With nearly 40 Bills passed in this Spring sitting of the Legislature - more than any other province in Canada - our government is proving that we are tirelessly and relentlessly committed to building a stronger, more prosperous and self-reliant future for Alberta - no matter how much work it takes.

The full economic recovery plan can be found at: <https://www.alberta.ca/recovery-plan.aspx>



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ERIC LONGEWAY

Our So Very Well Loved Springbank Heritage Club Member

It is my pleasure to profile Eric Longeway, our illustrious and well-loved senior member of the Springbank Heritage Club. At the good age of 94, before the COVID-19 pandemic outbreak, Eric participated in all of our Club's regular weekly activities - the Tuesday morning singing events, the Tuesday afternoon games and the Friday afternoon easy listening music sessions. And during our Club's monthly potlucks, he regularly greeted people and sold tickets.

Eric is one of the founding members of the Springbank Heritage Club, which opened with a ribbon cutting ceremony in June of 1986. He has served as the Club's President for 2 years, along with being on the Club's Board of Directors for 12 years. In 2009, he received the Alberta Provincial Minister's Seniors Service Award in recognition of his ongoing volunteer contributions to the Springbank community and to his fellow senior citizens.

Eric was born in 1926. He has lived and worked all of his life at the now 108 year-old fourth generation 'Rocky View Farm' in Springbank. He spent 11 years at the two room Springbank School. He recalls with pleasure a two-night school trip by horseback to Bragg Creek. From age 10, Eric took piano lessons and he achieved his Grade 7 Toronto Conservatory and Grade 2 Theory certifications. Eric attended Western Canada High School and, during his high school years, he became an army cadet. He continued his education at Olds Agricultural College and he then graduated with a scholarship to the University of Alberta's School of Agriculture. While at the U of A, he became the university's top distance runner. His university career was cut short by the untimely death of his father, which necessitated his returning to work on the farm. In 1951, he married Betty McGregor who quickly became part of the farm and the community. They had 4 children. Sadly, Betty passed away in 2001. Tending to a dairy herd of jersey cows was the primary business focus of the farm until 1994. Eric is still involved in the farm. These days the main business enterprise is high quality hay with daughter Debbie and granddaughter Danielle doing all the manual work with some help from other members of the family. "Nowadays," says a contented Eric, "I just get to shell the peas. They say I'm

good at it. Always have been."

Eric has a very long list of contributions to a wide array of communities. His contributions include 33 years of involvement with 4-H Clubs, many years of active participation on Springbank fastball, hockey and curling teams, being a founder of the Dairy Nutrition Council of Alberta, serving for 8 years as President of the Calgary Milk Foundation, being a life time member of the Calgary Stampede and Jersey Canada, serving as President of the Springbank Rural Electrification Association, being a Member of the Rocky View Agricultural Services Board, belonging to the Board of Directors of the Springbank Park For All Seasons Agricultural Society (SPFAS), being an advisory member of the United Farmers of Alberta, serving as treasurer of the Springbank Historical Society, serving as a director with the Springbank Community Association, serving on the SPFAS Fall Fair Planning Committee, being a founder of the Springbank Garden Club's junior gardening initiative and volunteering with Respirados, an oxygen supply support group. He is an active member of the Springbank United Church Choir. Eric epitomizes the spirit of community and volunteerism.

Although he found it difficult to choose when looking back on his life, Eric remembers with deep satisfaction as a highlight his time serving as president of Jersey Canada, a commitment that provided him with opportunities to travel across Canada visiting farms with Jersey cow dairy herds.

Thank you, Eric, for enriching all our lives with your dedication to community, as well as for your ready sense of humour. Eric's "dry wit" was evident when I asked him when would be a good time for me to drop by for a visit. Eric's reply included: "Well any time really, but I don't get up until 6:30 in the morning..."

I have two other Springbank Heritage Club expressions of appreciation that recognize community spirit. Thank you, Ellie, for continuing to send out the monthly Heritage Club calendar reminding us of important dates and anniversaries. And thank you, Alice, for sharing your bountiful rhubarb crop with the Club's members.

Contributed by Shirley Tajcnar for the Springbank Heritage Club



KIM MCKYLOR

Rocky View Country Councillor for Division 2



As summer winds down and we move into fall, this is the time of year for our farmers and ranchers to bring in the harvest while most of us acreage and urban types finish the last of our outdoor projects. Let's all enjoy the last of the remaining longer summer evenings and also hopefully some upcoming

warmer days, too.

As we are busy enjoying the last of summer, we continue to be shrouded by much uncertainty with COVID-19, particularly with how it will impact our students and their teachers as the new school year approaches. Many Springbank families are getting their kids ready and geared up for a return to school. These families will make personal decisions as to whether to have their children home schooled, learn via accessing online curriculum, attend classes at schools, or perhaps utilize a combination of these alternatives.

Many of us are grappling with the impacts COVID-19 has had on our economy, including job losses and job changes. I'm encouraged by knowing that some of you whom I've spoken to who were impacted by job losses in the spring have secured new employment. I'm also saddened by hearing from others whom I've spoken to that they are considering leaving Springbank to move to other provinces because of the amount of uncertainty in Alberta, not just due to COVID-19 but also due to our yet to recover oil and natural gas sector.

Rocky View County (RVC) has tried to support residents through this time, including by offering a program to defer property tax payments. As of the date this is written, some \$22M of property taxes remain outstanding on about 25% of our property tax roll accounts. This is a substantial amount of yet to be paid tax revenue. I'm glad the County is supporting the folks who have needed to take advantage of the County's property tax payment deferral program.

The County is doing many great things. I think we could tell you more about them more often. In Springbank, we are working on many different initiatives. Recently the County approved long awaited funding for capital life cycle replacements at the Springbank Park For All Seasons. And we'll have a small fenced-in dog park available in Springbank later this fall. Many more

projects are in the discussion phase. I am continuing to work to move them forward.

Sometimes I'm asked by residents: "Why are things so bad at the County?" They often get emails or read items from other groups telling them just how horrible things are. I ask them to share with me their experiences with living in RVC. Almost always, their experiences have been positive. I ask them how they feel about the property taxes they pay. I almost always hear that they agree that the property tax rates they pay living in the County are less than what they would pay if they lived in the City of Calgary, or in one of the County's other urban neighbouring municipalities (I especially hear this more so from folks who have just moved to Springbank after having lived in Calgary). Most County residents love their quality of life, including the schools their children attend. Most want a few more amenities and recreation options. Some have had trouble with flooding, getting a permit or dealing with an enforcement issue, however these issues generally get resolved (sometimes resolution could happen a bit faster). I ask them if they see their roads being cleared of snow on a regular basis, as well as if their roads are being regularly maintained and repaired (this year with double the volume of roads work the County is undertaking, roads projects may not be completed as quickly as in other summers). I ask them how they feel about the real issues and concerns I hear about on a day to day basis. The vast majority will tell me they have no complaints. I also ask them why, if all the negative rhetoric about the County being so bad were true, how can we possibly be delivering on all the positive things they just shared with me? Are there things I hope the County can do better? Yes, absolutely, because RVC should always look to make incremental improvements. We at the County are continually working on doing so. The County is not an abysmal mess as some might want you to believe. That is fact.

RVC is and remains one of the best places to live, raise a family, have a business, as well as be a farmer, rancher, or owner of an acreage or other type of residence. Our quality of life is second to none. The decisions of previous Councils, as well as those of the current Council, have contributed to make this happen. Councils make tough decisions and they also make adjustments along the way while being focused on a vision that retains a high quality of life standard. As a resident, I'm appreciative of the foresight and vision of previous Councils and I'm also happy with the current Council's efforts to focus on this vision now and in the future.

Even as many things remain uncertain all around us, I'm certain that RVC is the place I want to be.

Please stay in touch. I can be reached via email at kmckylor@rockyview.ca or phone at 403-462-9207.

SPFAS LAUNCHES NEWLY REFRESHED ENHANCED WEBSITE

The Springbank Park For All Seasons (SPFAS) is very pleased to announce the availability of the Park's recently updated website (www.springbankpark.com). The refreshed enhanced website was made available online this past June. After the SPFAS Board of Directors approved funding for this initiative, SPFAS Staff implemented the plan put in place to redesign and update the website. Key features of the new website are highlighted as follows:

1. An extensive refreshing of the appearances, formats and content of all of the webpages
2. A new home page for the website
3. Updated content that profiles many SPFAS user partners along with the programs and activities they offer, as well as the history of SPFAS facilities development
4. New Facility Open/Close status features (particularly relevant for checking the availability of the outdoor sports fields)
5. New Facility availability and scheduling features (especially useful for individuals looking to book venues)
6. The addition of SPFAS policy documents and other SPFAS related items

7. The inclusion of new photos that profile the wide array of facilities SPFAS has available
8. Updated information pertaining to providing financial support and making donations to SPFAS
9. New content that highlights the priority SPFAS places on providing safe facilities (including COVID-19 virus spread prevention measures)
10. New advertising placement opportunities and public announcement features.

Take a moment to check out the new website in order to learn more about SPFAS, to inquire about renting SPFAS facilities, as well as to obtain information about the recreational, educational, cultural and social activities that take place at SPFAS, the "Heart of Springbank".



Contributed by John Rop, SPFAS General Manager



2020 SPFAS ANNUAL GENERAL MEETING (AGM) NOTICE

Are You Interested in Serving on the SPFAS Board of Directors?

The 2020 Springbank Park For All Seasons Agricultural Society's (SPFAS) Annual General Meeting (AGM) will be held commencing at 7:00 p.m. on Monday, September 28th at SPFAS in the Main Facility. This meeting is open to the general public.

Various annual activity updates and reports, the SPFAS June 30, 2020 year-end annual audited financial statements, as well as other items, will be presented at this meeting. In addition, one-year term appointments to the SPFAS Board of Directors will be finalized.

To inquire about volunteering to serve on the Society's Board of Directors, or to obtain more information about the AGM, contact SPFAS President Lisa Skelton (Email:

lisaskelton28@gmail.com / Cell Phone: 403 660 7520) or SPFAS General Manager John Rop (Email: jrop@springbankpark.com / Cell Phone: 403 618 5136).



Contributed by John Rop, SPFAS General Manager



KEVIN HANSON

Rocky View Country Councillor for Division 3



Property Tax Deferral Scheme - Motion Defeated

Due to the unprecedented financial stress expected from the impacts of COVID-19, this past May, Clr. Crystal Kissel and I submitted a Motion proposing a framework for a property tax deferral scheme that we believed would help cushion the financial impacts of the

pandemic for many residents and businesses. Unfortunately, the majority of our colleagues disagreed, finding the scheme overly complex and too much of a workload consideration for administration. Instead, a simpler across-the-board tax reduction for 2020 of about 3% (of non-school) as initially proposed by Administration was adopted.

High Speed Internet Strategic Study - Motion Tabled

At the same May 12th Council Meeting, Clr. Samantha Wright and I introduced a Motion to reactivate the County's 2018-2019 \$60K strategic level internet study effort after it was transferred by Council to a private group who failed to get the necessary matching Provincial funding required to perform the study County-wide.

Our updated motion put the strategic study back on the table while considering the new reality of working and schooling from home. It also suggested that in addition to continuing to seek economic stimulus funding from Provincial and Federal levels, that Administration could also work proactively with residents in "fringe areas" like Bearspaw, Springbank, and Conrich. We felt this extra boost was needed especially in areas that do not enjoy the presence of a Home Owners Association to provide critical mass and lobby on behalf of their residents. The majority of our colleagues did not feel informed enough to make decisions about internet servicing and expressed concern that Rocky View would find itself in the internet servicing utility business. I tabled the motion pending the completion of a Council workshop in September.

All Council Sanctions Set Aside - July 15th

In response to our recent court ruling, Clr. Kissel, Wright and I issued the following statement: *"We would like to express our sincere gratitude to our lawyers, Michael B. Niven Q.C. and Michael Custer of Carscallen LLP, and to Justice J.T. Eamon, of the Alberta Court of Queen's*

Bench, who we felt did a remarkable job on a complicated matter. The removal of all of our council-imposed sanctions was the best outcome we could have hoped for.

We were pleased to have our positions vindicated. While there were multiple reasons underlying the Court's decision to set aside the sanctions, two key reasons were given. The first was that there was a violation of our procedural fairness rights due to Council's failure to consider the possibility of bias from the County's Investigator. The second was that, in any event, the majority of the sanctions were both unreasonable and disproportionate.

We look forward to having our status fully reinstated and being able to properly represent our constituents. We hope that everyone on Rocky View Council can put this behind them and move forward with a more productive and positive work environment. We thank everyone for their continued support."

With what appears to be in the spirit of moving forward, CAO Al Hoggan recently re-established communication protocols between all of Council and Administration. I am happy to report that the three of us will be treated like the rest of Council.

Unfortunately, despite indications from the Reeve to put the matter behind us, it appears that the Council majority continues to grapple with the court ruling. As a result, Council has filed paperwork to begin the appeal process. Should the appeal be accepted by the courts, a panel of three judges will look at the legal process, and facts of law as presented in the ruling. I fail to see the benefit to any ratepayers of the extra expense of a lengthy appeal.

Public Input Continues to be Needed

The Calgary Metropolitan Region Board (CMRB) continues to work hard despite reliance on non face-to-face meetings. The Regional Growth and Servicing Plan is to be submitted to the province by the end of year, although there has been suggestion an extension could be granted. To date, reports about flooding, transit, transportation, and recreation have been considered. On the table now are the three Regional Growth Scenarios being considered by the Growth Plan consultant, and the CMRB is looking for public consultation. Supporting material and the survey can be found here: <https://cmrbgrowthplan.ca/regional-growth-and-servicing-plan>. The survey closes September 4th.

As discussed in my last newsletter, for the latest on the proposed new Electoral Boundaries for the next election, see the tab "News & Events" at www.RockyView.ca. This matter will come to Council in October for resolution.

Please contact me with any concerns or feedback that you would like me to represent to the county staff or my fellow council members - OFFICE 403.520.1290, CELL 403.463.1166, Kevin.Hanson@RockyView.ca

RILEY HEMSTOCK'S JOURNEY

Growing Up in Springbank to Orthopedic Surgery Residency in Winnipeg

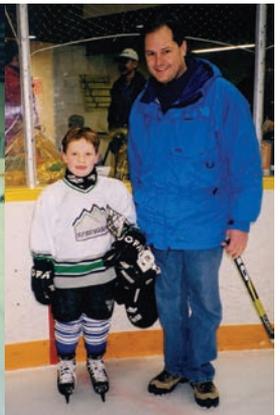
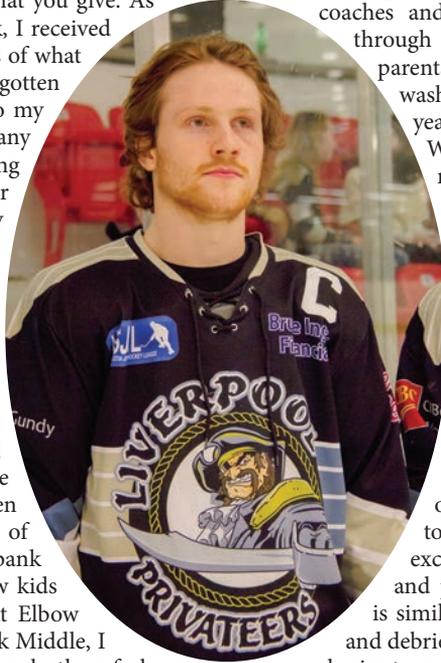
I was humbled when asked to write about my experience growing up in Springbank and especially the time I spent in and around Springbank Park For All Seasons. I basically lived at the rink and so it holds a very special place in my heart. I often look at life as a balance between what you receive and what you give. As a child growing up in Springbank, I received from my community far in excess of what I was able to give. As I have gotten older, I have tried to give back to my communities the way that so many volunteers in Springbank did during my childhood. As I begin a five year Orthopedic Surgery Residency at the University of Manitoba in Winnipeg, I would like to share some of the experiences I had and try to highlight how volunteerism in my home community contributed to getting me to where I am.

I was one of a small handful of children who attended the Springbank Playschool and then went on to graduate in our class of 172 students next door at Springbank Community High School. As new kids joined our schools in between at Elbow Valley Elementary and Springbank Middle, I saw teachers go out of their way to make them feel welcome in class and donate their time outside class as well. As a nephew to two former teachers at Springbank Middle, I was able to see how devoted they were to their classes, as well as the amount of work they do behind the scenes. I was fortunate to benefit from hundreds of hours of teacher coaches on school sport teams throughout my

schooling. One particularly cool experience was playing hockey at SPFAS as a course option in Grade 12, made possible because of its connection to SCHS.

In the same way as having family as teachers, I was also allowed a glimpse behind the scenes of efforts of hockey coaches and other minor hockey volunteers through my dad. Alongside my teammates' parents, who managed, fundraised and washed jerseys, he coached 9 of my 12 years of minor hockey at Springbank. While the time commitment required to coach a team is large, the benefit yielded for young people is immense. In my training program, there is nothing more important than being a good team player. Surgery is, perhaps, the ultimate team sport. I've come to notice many parallels; the pre-game in a hockey dressing room is comparable to pre-op scrubbing and gowning, the finesse and detail of the game draws comparisons to operating itself, the rink is similar to an operating theatre in its seeming exclusion from the rest of the world, and post-game undressing and shower is similar to taking to patient to recovery and debriefing. All of this occurs with a large, cohesive team, and learning to function on a team at a young age is not possible without the contribution of coaches, managers and other volunteers.

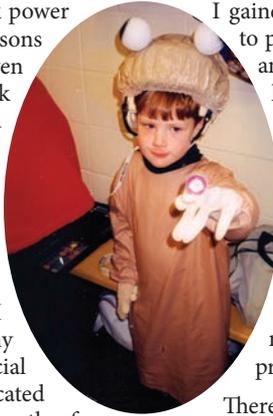
My hockey journey began when I was 3 years old, participating in the CanSkate program. Somewhere in SPFAS there is a picture of little me dressed as ET, with



a flashlight taped to my finger. I also took power skating lessons with Deanna Curran, lessons I sorely needed to shed the nickname given to me by my family (“The Springbank Shuffler”). Following that, I participated in Timbits and every level of Springbank Minor Hockey until I made AA in my final year of midget. After graduating from Grade 12, I played for a team in the Nova Scotia Junior Hockey League while I went to university in Halifax. I was actually cut late in my first year being on the team, but I stayed with it and was named Captain in my fourth and final year. Our team faced financial difficulties after my second year and it relocated to Liverpool, a town located two hours south of Halifax. A significant effort was required in those first seasons to engage the community and establish a fanbase, and as a veteran player, I took a leading role. I enjoyed this, as Liverpool reminded me of Springbank in that most activities revolved around the rink. I had a phenomenal experience playing junior hockey in Liverpool, in large part due to a large volunteer group there as well.

In addition, as I had seen so many Springbank parents do, I took up coaching minor hockey. I coached for three years while in Halifax, with the highlight being a trip to Newfoundland with my Bantam AAA Girls team to compete in the Atlantic Championship. I found other ways to continue giving back too, volunteering with Ronald McDonald House Atlantic and Special Olympics Nova Scotia. I also continued volunteering remotely with Wellspring Calgary, a cancer support organization with many Springbank connections. Believe it or not I did also do some school while living in Halifax, completing a Bachelor of Science Degree at Dalhousie University as well as finishing an Honours thesis in my fourth year that went on to be published.

The experience I had in Nova Scotia, made possible by the foundation built in Springbank, led to my admission to medical school at the University of Alberta. Here I again felt the need to contribute to my new community, serving as Sports Representative for my class, which meant organizing a lot of events.



I gained a sense of the volume of work required to put on a hockey tournament in this position and I was reminded of so many parents who had served in that role on teams I played on growing up in Springbank. It felt good to provide fun experiences for my classmates, and I understood why people choose to volunteer. I also did some advocacy work in medical school, spending time at the Legislature encouraging investment in mental health initiatives. Finally, I graduated medical school and matched to my current Orthopedic Surgery Residency program in Winnipeg.

There were so many experiences I had in Springbank that became great life lessons. In working events such as the Antique and Gun Shows and the Evelyn Kenney Kennel Club Dog Shows, as well as being employed for three years during high school as a skate sharpener at Blue Chip Sports, I learned valuable customer interaction skills, which now translate to patient communication skills. In trying my very hardest to make a 1st place Lego exhibit to enter into the Fall Fair, and repeatedly winning Merit ribbons instead, I learned perseverance. But most importantly, learning the value of volunteerism has helped me achieve my goals. I began as a receiver of the benefits of volunteer work in Springbank, then gave back in Halifax and Edmonton and, as a result, received again in the form of the advancement of my career. As I enter this new stage of my life, a Residency in Orthopedic Surgery, I find myself in a position to give back even more, both to my patients and my community. What I have found is that the more you give back, the more you receive. Springbank is lucky to benefit from a great many people who embrace this philosophy to the fullest. I would like to thank the hundreds of community members in Springbank and around Springbank Park For All Seasons who donate their time to helping kids like me achieve their dreams.



Contributed by Riley Hemstock BSc, MD PGY 1 – Orthopedic Surgery University of Manitoba

SPRINGBANK SOCCER CLUB

Our Club's mission is to develop and inspire individuals through soccer. To accomplish our mission, we program with a player first approach.

SSC held a bottle drive on August 8th. The Club raised \$2,926 through the great contributions of Nicole and Rudy Perizzolo. They were especially instrumental in planning and organizing the event and their leadership efforts were the reason why it was so successful. We thank Nicole and Rudy as well as all of the players, parents and community members who participated in making this a successful event. Our Club has a standing account at the Springbank Bottle Depot. If you want to donate the proceeds of your refundable bottles and cans to the Club, you can do so by letting the attendant know at the cash register when you bring in your items. The Depot is located at 110 Commercial Drive in Springbank.

When the COVID-19 restrictions hit Alberta in March, we were forced to completely cancel our planned outdoor soccer season for both competitive and grassroots programs. After the Alberta Soccer Association came up with a "back to soccer plan", Springbank jumped on board and soccer activities started for our competitive group on June 13th. We have also provided a grassroots program option

during the month of August. Both the competitive and the grassroots soccer programs have gone well. We continue to provide soccer activities while we adhere to the standards and guidelines mandated by our governing bodies.

We look forward to continuing to provide activities for all of our soccer players during the upcoming indoor season. Today as I write this, we have received some new information about the upcoming indoor competitive season and related programs. The Club will plan accordingly for the indoor soccer season and will provide information on our website for both the grassroots and competitive programs. Upcoming indoor soccer activities will look different than in our past seasons, but we will continue to keep them fun, educational and accessible to all of our members and communities moving forward. To obtain more information, as well as to register a player, you can visit our website at springbanksoccer.com.

And, if you have any questions, concerns or comments, send your email to Club General Manager Vance Alexander at info@springbanksoccer.com &/or to SCC Registrar Nicole Perizzolo at registrar@springbanksoccer.com.

Contributed by Vance Alexander, SCC General Manager



NEW TRIBUTE IN HONOUR OF FORMER SPFAS EMPLOYEE DONALD BRACKNEY INSTALLED BY PLAYGROUND

During the month of February in 2018, long serving SPFAS employee Mr. Donald Brackney passed away due to illness. Donald was a cherished contributor to SPFAS who assisted with maintaining and cleaning the Park's facilities for many years. He was especially fond of speaking with and supporting 3 and 4 year-old students attending the Springbank Playschool.

Earlier this year, SPFAS planted an evergreen tree and installed a park bench alongside the SPFAS Playground that is located on the main site adjacent to the Quinn and Fitzsimmons baseball diamonds. The planting of the tree is symbolic of Donald's love for the outdoors, while placing the park



bench by the Playground is intended to serve as a tribute to his devotion to the Playschool's students.

With the exception of the Playschool families who are very familiar with it, the Playground is somewhat of a "hidden gem" at SPFAS. All kids ranging in ages from 1 – 10 are welcome to play at this venue. And now while children are having fun at the Playground, their parents and siblings can sit on a wonderful park bench, placed in memory of Donald Brackney, where they can relax as they watch kids play and enjoy the majestic scenic mountain views to southwest of the SPFAS main site.

 Contributed by
John Rop, SPFAS
General Manager

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SPRINGBANK COMMUNITY GARDEN AT SPFAS FLOURISHES

The Springbank Park For All Seasons (SPFAS) has been registered as an Agricultural Society with the Province of Alberta since 1972 (nearly 50 years). By annually hosting the Springbank Community's Fall Fair, by displaying Springbank family history panels in the main facility that prominently profile farms and ranches, as well as by supporting other agriculturally related initiatives, programs and organizations, SPFAS has continually strived to celebrate the Springbank Community's agricultural roots.

In the beginning of 2019, SPFAS developed a plan to further celebrate Springbank's agricultural roots by establishing a Community Garden. This new initiative was jointly developed and implemented with members of the Springbank Garden Club. Along with honouring Springbank's agricultural history, the purposes for creating and annually managing the Community Garden include it being utilized as a teaching instrument for children, creating new volunteer opportunities, displaying harvested plantings at the annual Fall Fair and also donating vegetables to local area food banks.

During the spring of 2019, SPFAS retained Doug Sysma of Calbourne Construction to build and install a series of raised wooden garden planter boxes along the south exterior wall of the main facility. These boxes were filled with a loam-based material and then both vegetables and flowers were planted in them. The time required to design and construct the planters and fill them led to the plantings being completed in the latter part of June. Taking into account a later than normal planting, a relatively dry summer, as well as this being the first year of figuring out how to sustain the plantings, the first year of the Community Garden was considered to be a moderate overall success.

What a difference a year makes! In spite of the impacts of COVID-19 and social distancing constraints restricting involvement from the Springbank Garden Club volunteers, the second annual planting of the Springbank Community Garden has been a terrific success. The Community Garden's vegetable crop is bountiful this year! Thanks goes out to Gannon Wills and Bark Mulch Depot for assisting SPFAS with

replacing the material used in the first season with new gardening soil this season. Thanks also goes out to ~Mother Nature~ for providing much rain in May, June and July, as well as a number of warm sunny days in August, which collectively have provided very good overall growing conditions this season. In addition, thanks goes out to SPFAS Staff Members for their timely planting and ongoing stewardship of the Community Garden this year. While the vegetables harvested from the Garden will not be on display at the Fall Fair (due to this year's event having been cancelled), SPFAS will endeavour to donate them to a local area food bank during the month of September.

Come and take a look at the Springbank Community Garden before the harvest is completed. And let SPFAS know if you are interested in helping with next season's planting of the Springbank Community Garden.

 *Contributed by John Rop, SPFAS General Manager*



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We can't wait to welcome back students in September! Classes start the week of September 8th. With our small class sizes and private classroom, we are able to abide by all government regulations in response to COVID-19. If you have any questions about how we are handling the current situation and what classes will be like for the students, call Playschool President Delaney Kaminski at 587-897-7562. Our classes will remain as normal as possible, with kids interacting safely with each other and their teachers as they all share in a fun and beneficial learning experience.

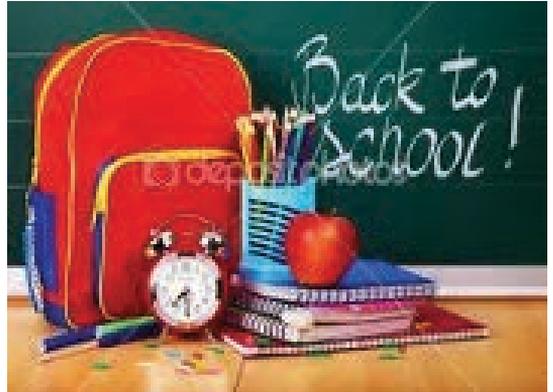
Thank you to our incredible volunteers for generously offering their time and skills to improve the Playschool! We have an amazing updated website (www.springbankplayschool.ca), as well as updated advertising materials. We also have new fundraising initiatives that will take place throughout the school year. As a non-profit playschool, we rely on parent volunteers to manage and operate the school. We have a great group this year to help us through these new and

difficult circumstances.

Our annual photo fundraiser will take place this fall. Check our Facebook page and website for updates and to sign up!

We still have some space available for both 3 and 4 year-old students. Visit our website at www.springbankplayschool.ca or send your email to springbankpsinfo@gmail.com to obtain more information on how to register a student.

Contributed by Delaney Kaminski - President of the Springbank Playschool



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Tegan Olesen DVM • Kendall Young RAHT

Please note there is **FREE UNDERGROUND PARKING** in designated areas of the parkade downstairs. The entrance is at the Southwest side of our parkade.

The **PARK PATTERN** is the bimonthly newsletter of the Springbank Park For All Seasons, and is distributed free-of-charge to all residents of Springbank, Redwood Meadows and Elbow Valley (circ: approx 4,200 homes) — all T3Z postal codes. Subscriptions are available at a cost of \$50/yr. Managing Editor: John Rop.

SUBMISSIONS & ADS should be directed to Quick Print Graphic Services (Attn: George Vanderveen) 403-242-3113 info@qpcalgary.com

DISCLAIMER The opinions expressed within any published article, report, submission or ad are those of the author, & in no way reflect the views of the Springbank Park For All Seasons Agricultural Society, its employees, volunteers or board representatives; or Quick Print Graphic Services & its employees.

AD RATES Ad rates are available upon request. All ads must be paid for at time of booking. Full colour is available for an additional charge. Ad bookings are subject to availability; ad rates are subject to change.

NEXT DEADLINE October 09th for editorial content (contact John Rop, SPFAS General Manager). October 09th for ads (contact George Vanderveen) 403-242-3113 for delivery late October.

SPRINGBANK'S HILLCREST ESTATES REFURBISHES COMMUNITY SIGN

The Hillcrest Estates Subdivision is located just south of the Springbank Park For All Seasons on the west side of Range Road #33. Hillcrest Estates has been in existence for more than 30 years. Shortly after the subdivision was created, a community sign was erected to identify the location of this group of residential acreage properties that are situated along an extended cul de sac.

The weather in Springbank can be hard on people, on houses and on subdivision signs, too. As a result of being subject to many types of weather for many years, the Hillcrest Estates sign was becoming tired of fighting the elements.

So Shea Coburn, Pari Cherhrehssa and Les Wiberg came to the sign's rescue. First, Les disassembled the sign and then Shea and Pari went to work on their refurbishment project. It's amazing what some sandpaper, paint, elbow grease, sweat and good old hard work can do! After they refreshed the sign, Les looked after reassembling and re-installing it at the entry to the subdivision. The Hillcrest Estates residents warmly thank Shea, Pari and Les for doing a great job with revitalizing their subdivision's sign.

If your subdivision in Springbank is looking at a "tired sign" that requires a refreshing, or if your

community would like to design and erect a new sign, you are welcome to contact Herb Coburn via email at hhcoburn@telus.net should you wish to retain the services and expertise of Shea and Pari.

Contributed by Herb Coburn





SPFAS FACILITIES RENTAL

For Birthday Parties & Family Celebrations

- Rent the SPFAS lounge, skating rinks, curling rinks and/or outdoor rink
- 403-242-2223, ext 22; rentals@springbankpark.com

SPFAS Ice, Outdoor Rink DryPad / Drypad Area Soccer/Football/ Baseball Field Rentals

- 403-242-2223, ext 22; rentals@springbankpark.com

Meeting Space

- Board room with computer, projector, smart board, adjacent kitchen
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www.springbankpark.com

	<p>Dr. Michael Sweet BSc, DVM Dr. Elizabeth Cumyn BSc, DVM Laurina LeBoldus BSc, DVM</p>  <p>Signal Hill Animal Clinic</p> <hr/> <p>403-249-3411 • HOURS: MON-FRI 7:30-6 • SAT 9-2 Signature Parke Plaza, 1919 Sirocco Dr SW (South of West Market Square & Sunterra Market) Serving your community for 20 years</p>		
			
			
			

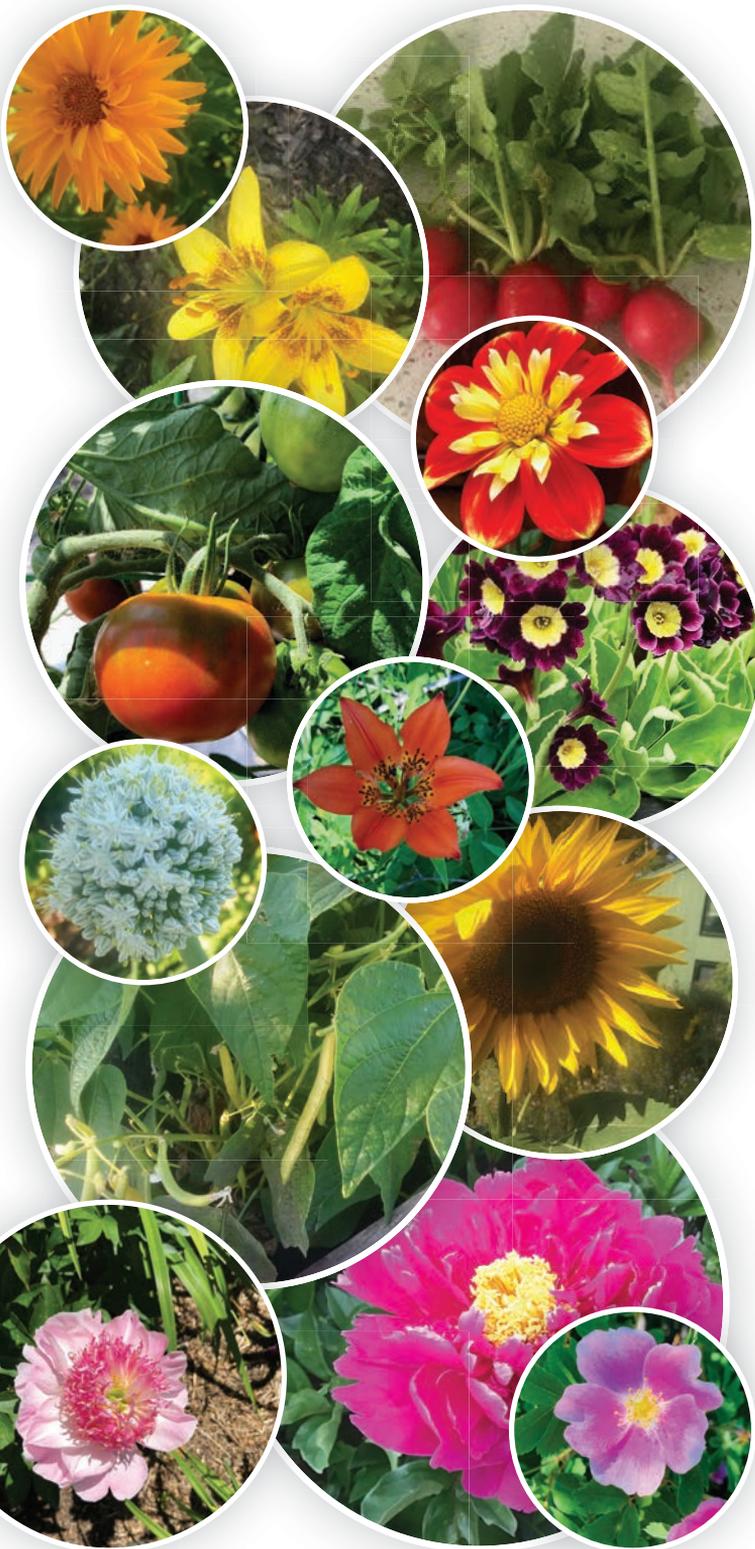
A SPECTACULAR SPRING AND SUMMER FOR FLOWERS AND GARDENS

We have certainly enjoyed a wonderful spring and summer for planting flowers and vegetable gardens. May, June and July brought us steady rains. August has given us many warm (some even hot!) sunny days. And we have only had one day near the end of July when damaging hail was experienced in some areas of Springbank.

Many Springbank residents love to plant flowers and vegetables in the spring and then nourish their flower beds and gardens all summer on into the fall. Thanks to members of the Springbank Garden Club, as well as other residents of our community, SPFAS is pleased to profile this series of photos that hopefully make us smile as we appreciate the wonders and beauty of flowers and other growing plants. We express our appreciation to Janice Bakal, Simone Byers, Barb Smith, Flo Sytsma, Barbara Clarke, Lynda Gilchrist and Arlene Rop for sharing some of their pictures with us.

If you are interested in joining the Springbank Garden Club, you are welcome to contact Barb Smith (send your email to bdsmith2@telus.net) in order to obtain additional information.

Contributed by Barb Smith for the Springbank Garden Club





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SPRINGBANK WILDLIFE

Living here in Springbank, we are indeed so very fortunate to share our community with so many types of wild birds and animals. Many of us have been able to watch the “new births” this spring and summer of many species of birds, as well as many kinds of animals. Observing “new births” gives us the opportunity to truly appreciate, enjoy and be grateful for the wildlife with which we share our community.

Julie Barnden and her neighbours, who reside in Central Springbank, enjoyed sharing their properties with a mama moose who gave birth to twin calves in May. They had the good fortune of watching this moose family for about 10 days after the calves were born. During this time, the mama nourished her calves as they all gained strength while living in and amongst the trees and bushes. Then, when mama determined that the young ones were strong enough to travel, she led them away as together they ventured on.

Talia Zink and the Johnson Family had great fun watching two species of birds raise young ones in their Springbank back yard. A pair of adult robins raised three youngsters this summer while cohabiting in their back yard with a Great Horned Owl family who raised three owlets. There was lots of conflict between the robins and the owls, as the robins continually fiercely protected their brood from the owls!

Brian Robb has shared with us two terrific photos he recently took, one of a young fawn and the other of a black bear. He observed both of them wandering within the vicinity of the Bow River’s south shore line.

Lynda Gilchrist has shared with us a wonderful photo of a gull she saw perched on a dock in Elbow Valley.

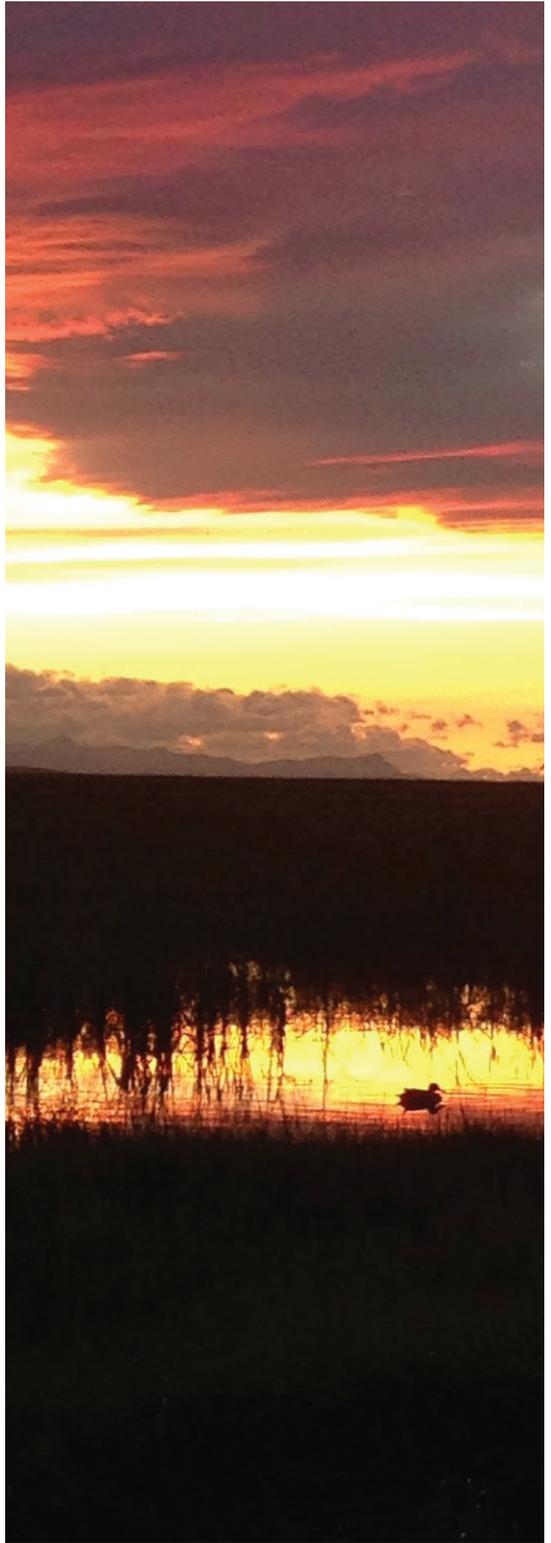
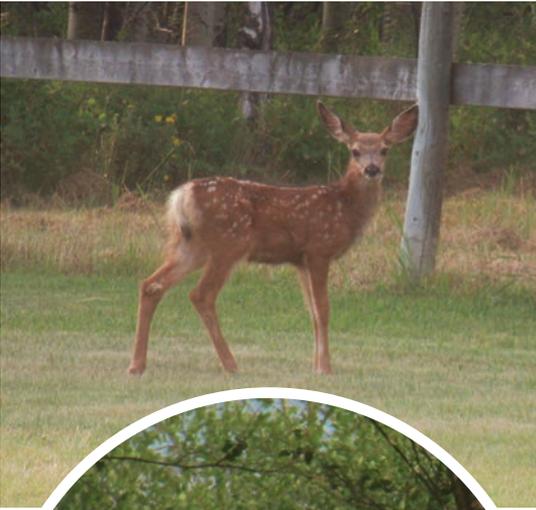
Arlene Rop took a photo just before sunset on a glorious August day of a solo Northern Shoveler Duck silhouetted in a small pond located in North Springbank. A pair of Shoveler adults has raised seven ducklings in this pond

during the spring and summer (it’s been lots of fun observing the ducklings grow, as well as watching their antics!)

Thanks to the Springbank residents who’ve shared their locally taken wildlife photos. If you would like to share bird and animal photos you’ve recently taken in Springbank, email them to jrop@springbankpark.com.

 Contributed by John Rop – SPFAS General Manager





SPRINGBANK PHOENIX JUNIOR FOOTBALL UPDATE

On August 8th, the Central Alberta Football League (CAFL) decided to postpone its upcoming 2020 fall season until the spring of 2021, unless the Province of Alberta reaches Stage 3 with relaxing COVID-19 restrictions by September 1st. All of the League's executives and coaches believe that, due to the current COVID-19



pandemic, there are far too many logistical issues and complexities to overcome in order to be able to run a competitive and safe junior football season this fall. Unfortunately, as a member of the CAFL, the Springbank Junior Phoenix football team is directly affected by this postponement decision. As disappointed as everyone is who was involved in the decision-making process, the Junior Phoenix team's

coaching staff has decided to move forward by planning to provide a modified fall football schedule that will include practices, scrimmages and games.

Springbank, like a number of other teams in the CAFL, will practice and play organized competition under the previously approved Alberta Football Association COVID-19 protocols. These strict protocols still allow athletes to develop many of the skills, as well as learn a wide array of the strategies, associated with playing tackle football. Teams will be able to play games against one another as long as the totals of Cohort Groups are less than 51 individuals.

Practices for the limited fall schedule will commence on August 31st at 5:00 p.m. at the SPFAS football field. The first practices will be run in a camp like atmosphere, which will include mostly skill development while strictly adhering to the COVID-19 protocols. The team plans to continue practicing in the afternoons on school days after

classes commence in the fall. Students in Grades 7 - 9 who are interested in playing organized 12 on 12 tackle football are asked us to join the team on August 31st. If you are unavailable on the 31st and would like to be on the team, then come to the football field after the commencement of school classes on an afternoon when you are available.

The Junior Phoenix team's coaching staff realizes that both players and parents will have a number of questions and concerns about football participation in the current environment. The team will not be participating in any activities that have not been previously vetted by the proper authorities. The Phoenix team's coaching staff is also aware that this fall practice/game schedule will need to be very fluid. All parties involved will have to be flexible when dealing with constantly changing scenarios and circumstances. Player safety will be the most important criteria for making all decisions. The coaching staff's number one goal is to safely provide an opportunity for players to regain a sense of normalcy in these very difficult times.

Questions can be directed to Dan Toews (403 818 4322 or dgtoews77@gmail.com).

Contributed by Dan Toews, Head Coach of the Springbank Junior Football Team

Springbank Recycling Depot

(Opening August 29, 2020)

New Location:

100 Commercial Drive

New Hours:

Wednesday 11 a.m. – 7 p.m.

Saturday 9 a.m. – 5 p.m.

Accepted Items:

- newsprint
- mixed paper
- cardboard
- glass
- metal
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INVITATION TO JOIN THE SPRINGBANK FRIDAY MORNING '50 PLUS' MIXED CURLING LEAGUE

A Great Curling Opportunity - Have Fun, Exercise and Socialize While Social Distancing

We expect to be starting up again sometime in October. We will be following Curling Canada's Covid-19 curling play safety guidelines plus other additional safety protocols that are considered advisable for keeping our curlers safe. Individuals are welcome to join our group, regardless of their curling skills.

We need both regular players and spares. If you are interested in curling with us at SPFAS, please contact Brian Davies (briancapitalland@gmail.com and 403 861 2742). Brian is our Draw Master. Teams are drawn out of the hat, so you can sign up individually (you do not have to sign up as part of a curling team). Brian makes up the teams and he also arranges for spare curlers to

participate during the season. In a few weeks, he will be sending emails to the regular curlers and the spares who played last year as a part of his efforts to confirm who is planning to play again this year.

We are scheduling two rounds of play during this coming season, the first from October to December and the second from January to March. You can register for both or one of the rounds of play.

Come on out, have fun curling, meet some great people and enjoy getting in some great exercise!

Contributed by Shirley Tajcna for the Friday Morning '50 Plus' Mixed Curling League



REGISTER NOW FOR THIS SEASON 2020/2021

Hi, folks! We are looking forward to another great curling season! The Springbank Curling Club is excited to announce that we have developed a new action plan to safely curl this upcoming season. Curling doesn't require close contact, and we believe that it is a great activity for you to get out and have some fun in these strange times. We will be holding our league registration in person at the Springbank Park For All Seasons on September 8th & 9th from 5:30 to 7:30 p.m.

This year we have our returning leagues, as well as a new and exciting Wednesday night Open League. We will be taking registrations for Monday Women's, Tuesday Men's, New Wednesday Open, Thursday Late Afternoon Oilers, Thursday Night Mixed and the ever-entertaining Friday Night Fun League.

The season starts the last week of September, 2020 and runs through until mid-March of 2021, with a 2 week break over the Christmas Holidays.

The registration night will be a socially distanced process, with measures in place to ensure that all are safe and protected. All our equipment will be sanitized between uses and there will be limited contact with using devices and sharing documents.

Please visit our website at www.springbankcurling.com for further details or email us at springbankcurlingclub-calgary@gmail.com.



Remember what Mr. T says: Curling Is Cool, Fool!

Contributed by Neil Somerset and Colin Strem for the Springbank Curling Club



SPRINGBANK Figure Skating Club



The phased return to sports has been a welcome relief for the Springbank figure skaters. During the period from April to June, skaters continued to prepare both physically and mentally while being off the ice, as they attended zoom workshops, participated in off ice training sessions and listened to motivational presentations given by former Olympian athletes and various coaches that were hosted by other figure skating clubs. During this time, the common theme for all of the skaters was that the break from being on the ice was somewhat comparable to that of an athlete getting injured and then retraining to get back on the ice. However, unlike an injury impacting just one person, all of the skaters were in the same predicament.

This being said, the figure skaters slowly returned to the ice, as arenas began opening at the end of June. While all were a bit rusty at first, it was impressive to see that

within a couple of weeks the skaters had gotten back their skills along with the stamina that they had only a few short months before.

There is a sense of joy among the skaters, who clearly missed not being on the ice. One of the saving aspects of having to deal with the COVID-19 pandemic is that figure skating (singles) is a naturally socially distancing sport in which everyone must always stay 6 feet apart to ensure the safety of all skaters (especially when individuals are jumping and/or spinning on the ice). While the return to competitions still remains uncertain, it is clear that for the skaters, the return to the ice has affirmed their love for the sport. They are very happy to be back on the ice again!

Contributed by Dianne Gereluk for the Springbank Figure Skating Club



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For more information on Art and Soul Center and its Director Patricia Neden call 403-818-3597

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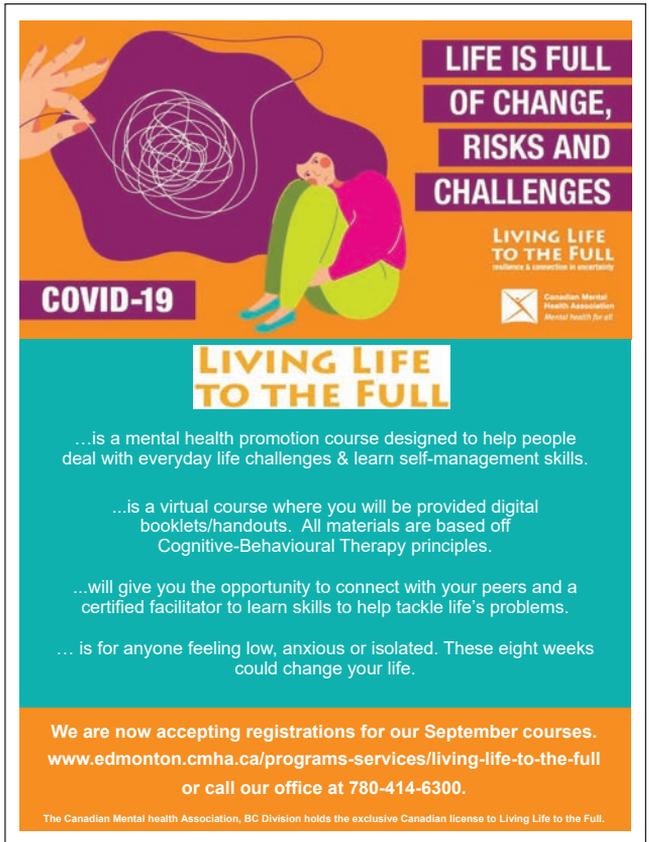


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Contributed by Wendy Farnsworth - Community Support Worker: Rocky View County/Town of Cochrane



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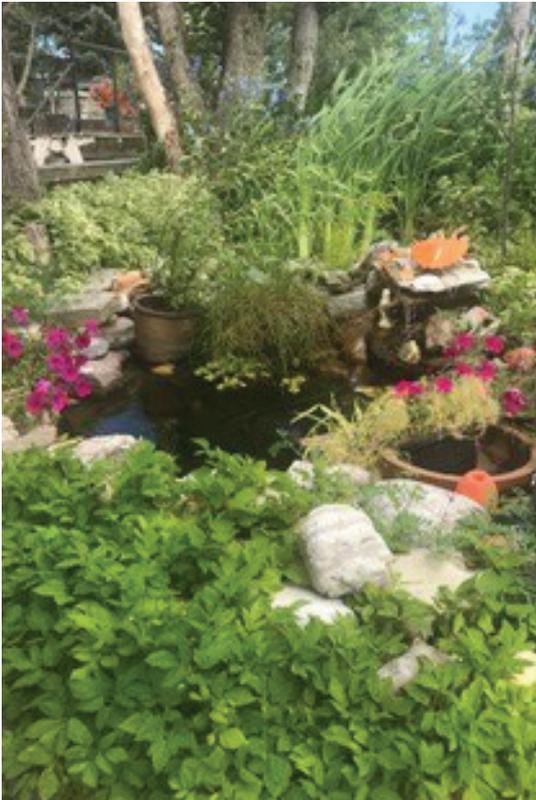
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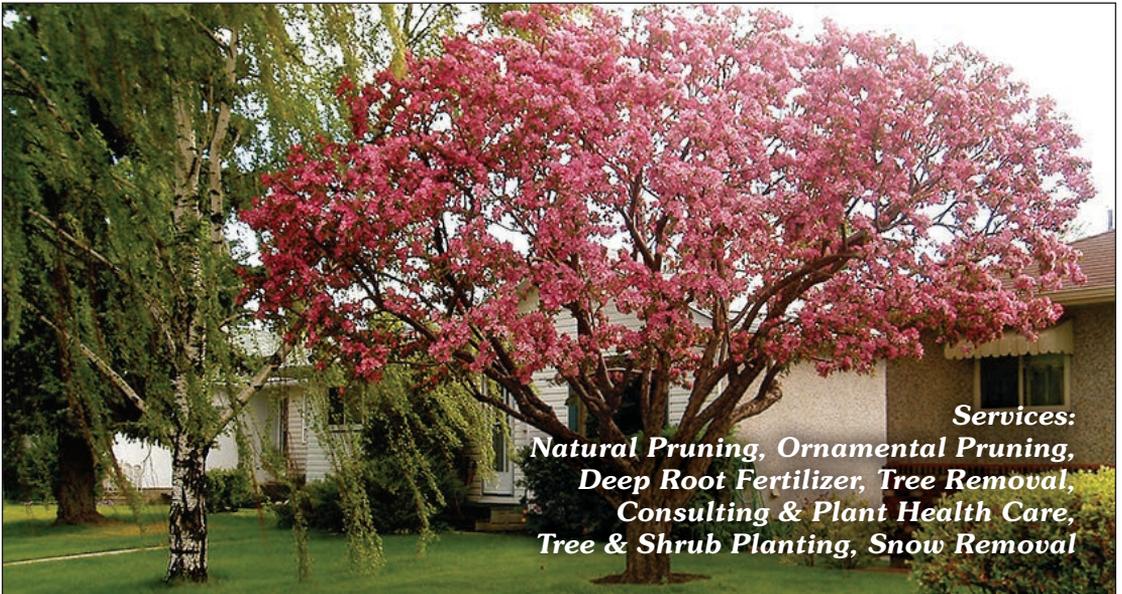
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The Springbank Creative Arts Club's mission is to encourage the development of arts and crafts within the Springbank community.

There is something very comforting about seeing the round bales in the fields, with the birds perched on top gazing about. It looks like everything is "normal" again (at least in the fields!). Club members met (practicing all precautions) on August 5th. We thank the great folks at Guarantee RV Centre for providing us with a meeting space. We enjoyed a very informative presentation about ETSY by Club member Pat, one of the owners of The Long Grass Studio, who demonstrated the "ins and outs" of this e-commerce company. This was helpful for members who would like to market their creations in this time of cancellations, delays and uncertainty. After this presentation, Club members enjoyed a short "Show and Tell" session featuring some of the members' latest creations. A big thanks goes out to Bonnie for bringing the books and to Noreen for bringing the iris plants!

The Club has decided to postpone the annual Springbank Christmas Market for this year. This decision came after much discussion. Once the health scene has been stabilized, we plan to continue with hosting the Christmas Market in future years, in all fairness to vendors and customers. Please stay tuned for new developments and updates as the Club plans for the 2021 Christmas Market.



The Club's next meeting is scheduled for September 8th. The agenda for this meeting will include a "Show and Tell" session. The location of the meeting will be confirmed at a later date.

The Club is looking for individuals to serve on our Board. If you are an organizer or decorator, or if you have some skills which can be utilized as you serve on the Board,

please let us know. Do you have a craft that you would like to share with the group? Send your email, including related details, to yjo999@gmail.com and then we will see if there is interest in presenting your item to the Club's members at a future meeting. Please contact Janice (send your email to janice3lambert@gmail.com) if you would like to ask to have new business items introduced at future Club meetings.

Although the annual Christmas Market Sale has been cancelled for this year, we will still meet to share ideas, creations and friendship. We are a small, but enthusiastic group and we welcome new members to join us. This is a great opportunity to meet artists, artisans and other crafters who live in Springbank. To obtain more information about a Club membership, send your email to yjo999@gmail.com. Members are welcome to bring along their latest creations (for Show and Tell) to share with the group during the Club's meetings. Follow us on facebook.com/springbank-christmasmarket. Stay safe everyone!

Contributed by Yvonne Bamlett, Springbank Creative Arts Club

Due to the COVID-19 pandemic, all 4-H events have been cancelled until October. This however has not stopped our Club's members from keeping in touch with each other as they continue to work individually on their projects. Our Club hopes that everything will be back to a "new normal" later on in the fall so that we can start having in-person meetings and clinics once again. Despite the changes in everyone's plans, Club members have kept busy over the summer. Equine members have been spending their time training with their horses, as well as competing in smaller scale local horse shows that have been held. As activities are slowly getting back to the "new normal", some of the Club's Equine members have even been meeting to ride at the Calgary Western Riders' gymkhanas. Meanwhile, Canine members are teaching their dogs new tricks, while Lifeskills members have been learning new tricks on their own.

With the help of 4-H, some of our senior members secured summer jobs relating to their projects, including working at various horse boarding stables



as well as wrangling for an outfitting business located in the Yukon. These jobs gave the members opportunities to do hands on work while applying what they have learned in 4-H. These 4-H/Summer Job connections will inevitably teach these members more about their projects, as well as bring more knowledge to the Club when we all get together, hopefully sometime this fall.

Since this year's Springbank Fall Fair has been cancelled, the Rawhides will not be hosting our usual information booth which profiles the Club. If everything goes according to plan, we will be hosting our first event in October at the Springbank Equestrian Center clubhouse, at which an appropriately socially distanced meeting will take place.

To obtain more information about the Springbank Rawhides 4-H Club, please contact Norma Ansloos via email at norma.ansloos@parker.com.

Contributed by Jennifer Sadownyk



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